## **Precourse Preparation Checklist**

To make the most of your ACLS learning experience with Heart & Stroke, we have provided this useful checklist which includes mandatory prerequisites:

- o I have a valid **Heart & Stroke** BLS provider card, completed within **12 months** of the ACLS course date
- o I direct or participate in the resuscitation of patients, either in or out-of-hospital
- o I have basic ACLS drug and pharmacology knowledge
- o I am confident in my electrocardiogram (ECG) rhythm interpretation for core ACLS rhythms
- o I am confident in my practical application of ACLS rhythms and drugs
- o I am confident in my knowledge of airway management and adjuncts
- o I am confident in my ability to participate as a member of a high-performance team
- o I have reviewed all precourse resources on the ACLS program page (cpr.heartandstroke.ca) including:
  - ✓ ACLS Supplementary Materials
  - ✓ BLS review video
  - ✓ Airway management video (short or long version)
- o I have successfully completed the mandatory ACLS Precourse Self-Assessment (cpr.heartandstroke.ca)
- o I have my required copy of the 2020 Heart & Stroke ACLS Provider Manual and have reviewed its contents
- o I have my required copy of the 2020 Heart & Stroke ECC Handbook and have reviewed its contents
- o I have reviewed and understand the latest 2020 Heart & Stroke ACLS algorithms

## For ACLS Blended Learning Students:

I have successfully completed the ACLS Blended Learning on-line component.

Significant precourse preparation is key to realizing the best learning experience from the ACLS course. Well prepared students are more likely to achieve successful course completion.

For additional questions or support, please contact:

**Resuscitation Support Centre** 

Online: https://cpr.heartandstroke.ca/s/contact-us

**Email:** rsc@heartandstroke.ca **Phone:** 1-877-473-0333

Operating Hours: 6:00 AM - 4:00 PM MT, Monday - Friday

Closed: Weekends & Statutory Holidays